

invites you to participate in

# DANCERCISE-16

Dance Away your blues Every Sunday

DATE : SUNDAY, 24<sup>th</sup> July'2022

|

TIME : 7:30 AM- 8:30 AM



**DR SHOBHANA MOHANDAS**  
PRESIDENT, IMS



**DR. ANJU SONI**  
SEC GENERAL , IMS

**PROGRAMME COORDINATOR**



**DR RENU MEENA**  
YOGA EXPERT  
OBTRICIAN & GYNAECOLOGIST  
S.M.S MEDICAL COLLEGE, JAIPUR

**DANCERCISE Recording Link**

**Access Passcode : valest@ert1**

<https://apeejay-edu.zoom.us/rec/share/-kjYQC0EPV4xbmSKwrLcc31GFCZK7k0fapmD0oKnQ6fD900WqZ9IFOt-KRwWvP3E.Het8GvAmmJLuvBkG>



#Together We Can