

invites you to participate in

# DANCERCISE-21

Dance Away your blues Every Sunday

DATE : SUNDAY, 04<sup>th</sup> Sept'2022

|

TIME : 7:30 AM- 8:30 AM



**DR SHOBHANA MOHANDAS**  
PRESIDENT, IMS



**DR. ANJU SONI**  
SEC GENERAL, IMS

## PROGRAMME COORDINATOR



**DR RENU MEENA**  
YOGA EXPERT  
OBSTETRICIAN & GYNAECOLOGIST  
S.M.S MEDICAL COLLEGE, JAIPUR

**DANCERCISE Recording Link**  
**Access Passcode : valest@ert1**

[https://apeejay-edu.zoom.us/rec/share/utic743yifxl0dJYU12sJO-XUc\\_I8FCcpVNKwzfgepKpoYeloPVH7VghCJztVYk.NpdG23AXKGAMgFgU](https://apeejay-edu.zoom.us/rec/share/utic743yifxl0dJYU12sJO-XUc_I8FCcpVNKwzfgepKpoYeloPVH7VghCJztVYk.NpdG23AXKGAMgFgU)



**#Together We Can**