



# Indian Menopause Society

IMS Club 35+

Public Awareness Committee



In collaboration with Menopause Societies of  
Ahmedabad, Bangalore, Jodhpur, Udaipur & Vadodara

Club  
35+  
Plus

## World YOGA Day Webinar

22<sup>nd</sup> June 2023, Thursday, From 4:30 PM to 6:00 PM

1 IMS  
Credit Point

Chief Guest



Dr. Pushpa Sethi  
President  
IMS 2023-24

Guest of Honour



Dr. Arti Gupta  
Secretary General  
IMS 2023-24

Convener



Dr. Binal Shah  
Chairperson  
IMS Club 35+ Committee

Click Here  
to Join  
Webinar

04:45 PM – 05:25 PM: Menopause - YOGIC beginnings & Glimpses of YOGIC feelings

Guest Speaker



Dr. Neetinakumar Patil  
Associate Professor – Yoga & Ayurveda  
MAHE, Manipal, Karnataka



Chairpersons



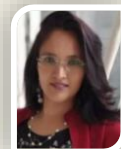
Dr. Shobha Gudi  
President  
Bangalore M S



Dr. Renu Makwana  
Chapter Secretary  
IMS Jodhpur Chapter

05:25 PM – 05:45 PM: Sukshmakriyas

Guest Speaker



Ms. Rachna Shah  
Yoga Therapist



Chairpersons



Dr. Janki Desai  
Secretary  
M S Ahmedabad



Dr. Sudha Gandhi  
President  
Udaipur M S

Vote of Thanks



Dr. Meenakshi Patel  
Secretary  
M S Vadodara

Master of Ceremony



Dr. Nilima Sompura  
Club 35+ Co-ordinator  
M S Vadodara

