

Indian Mid-Life Registry

AN INITIATIVE OF INDIAN MENOPAUSE SOCIETY

Agenda



How & Where it started



Journey so far



Where are we today



Plans for the future

Indian Mid Life Registry Timeline – How it Started & Journey so far

Feb 19, 2021 – till now

Initial idea of a registry

February 19th, 2021



Medeva intro to IMS
team

March 1st, 2021

Brainstorming session

Work on creating registry proformas initiated

March 28th, 2021



MOU between Medeva & IMS

April 3rd, 2021



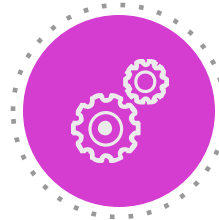
Announcement in Journal

April 10th, 2021



Pre-pilot launch@Tanvir hospital

June 2nd, 2021



Ethics Committee
submission

August 29th, 2021



Ethics Committee
Approval

November 24th, 2021



Invitations to participate in the
pilot

October 5th, 2021



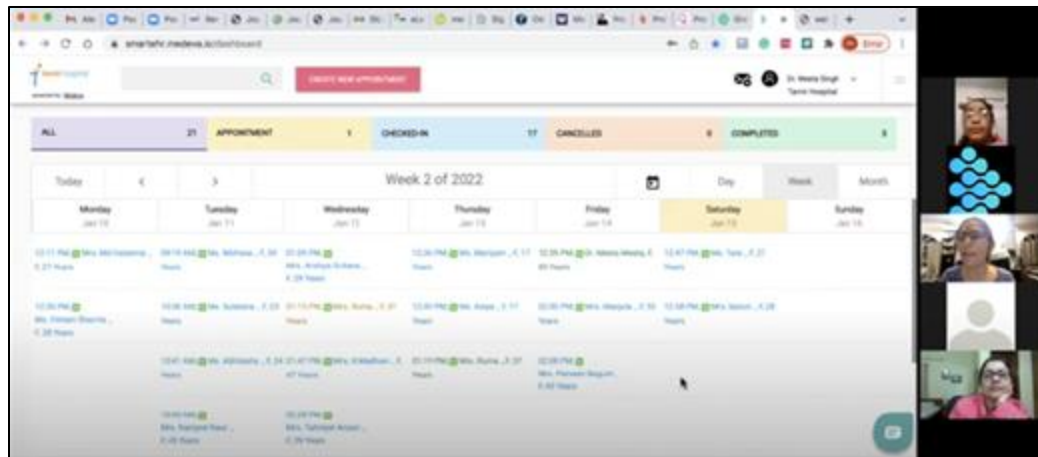
Pilot participants – 1st
Meeting

One on one training sessions for each doctor initiated

November 24th, 2021

Pilot participants – 2nd Meeting

January 5th, 2022



Hands on workshop

January 15/16th, 2022

Indian Mid Life Registry Pilot Inauguration

January 19th, 2022



STALWARTS



IMS 1st Weekly Meet

Appraisal of the form by Dr. Meeta & discussion on guide to implementation menopause clinic by multiple

speakers

February 19th, 2022



IMS 3rd Weekly Meet

Continued discussion on risk assessment for Muscular, Health CVD, & GSM

March 2nd, 2022



IMS 2nd Weekly Meet

February 26th, 2022



IMS 4th Weekly Meet

Case presentation on GSM by Dr. Jyoti Jaiswal & open discussion on registry data entry

March 9th, 2022

IMS 5th Weekly Meet

Case presentation on POI by Dr. Sangeeta Pahwa & discussion on key pointers for data entry

March 16th, 2022



IMS 6th Weekly Meet

Case presentation on Perimenopausal AUB by Dr. Asna Ashraf & debate on DEXA vs USG

March 23rd, 2022



IMS 7th Weekly Meet

Case presentation on Pebbles in POP by Dr. Hephzibah Kirubamani & debate on Endocervical AUB Polyp

March 30th, 2022



IMS 8th Weekly Meet

Deliberation on study hypothesis & discussion on completion reports

April 13th, 2022



IMS 9th Weekly Meet

Case presentation on Urinary Incontinence by Dr. Amrita Sarkari & deliberation on study hypothesis
April 20th, 2022



IMS 10th Weekly Meet

Journal Club on 1st study hypothesis by Dr. Sangeeta Pahwa
April 27th, 2022



IMS 11th Weekly Meet

Case presentation on Postmenopausal Women on HRT
by Dr. Pooja Rani
May 4th, 2022



IMS 12th Weekly Meet

Journal Club by Dr. Asna Ashraf 'Prevalence and Determinants of Genitourinary Syndrome among Postmenopausal Women of Eastern UP: A Cross Sectional Study'



May 11th, 2022

IMS 13th Weekly Meet

Alignment of Medeva software & menopause CRF

Step by step guide – Data entry module

June 8th, 2022



IMS 14th Weekly Meet

Case presentation on Recurrent urinary infection by Dr.

Jyothika Desai

June 22nd, 2022



IMS 15th Weekly Meet

Case presentation on POI by Dr. Amrita Sarakri

June 29th, 2022



IMS 16th Weekly Meet

Case presentation on HPV by Dr. Meeta

July 13th, 2022



IMS 17th Weekly Meet

Case presentation by Dr. Ambuja Choranur

July 20th, 2022



IMS 18th Weekly Meet

Case presentation on Save the uterus by Dr. AB Chitra

August 3rd, 2022



IMS 19th Weekly Meet

Case presentation on Cervical ectropion & erosion by Dr. Asna Ashraf & Germ cell tumor by Dr. Ritu Jain

August 10th, 2022



IMS 20th Weekly Meet

Case presentation by Dr. Jyoti Shah on 'Road Map to Save The Uterus'

August 17th, 2022



IMS 21st Weekly Meet

Short Cases by Dr. Meeta

August 24th, 2022



IMS 23rd Weekly Meet

Discussion on registry updates

September 7th, 2022



IMS 22nd Weekly Meet

Case presentation by Dr. Kiran Aggarwal on 'Three Cases with Vaginal Causes of Bleeding'

August 31st, 2022



IMS 24th Weekly Meet

Review of the Case Proforma

Option of direct entry into Medeva or entry into hard copy
Deliberation on sending hard copies electronically
Registry Rules



September 14th, 2022

IMS 25th Weekly Meet

Case Presentation by Dr. Raman on Management of AUB on Tamoxifen - Management of menopause in woman with past history of endometriosis.

September 21st, 2022



IMS 26th Weekly Meet

Case presentation by Dr. Jyoti Jaiswal on Conservation of uterus in cases of large myoma.



September 28th, 2022

IMS 27th Weekly Meet

Case presentation by Dr. Asna Ashraf on Residual Ovary Syndrome

Obesity & Menopause paper presentation by Dr. Sangeeta Pahwa & Medeva



IMS 28th Weekly Meet

Discussion on IMS Case Proforma

October 19th, 2022



IMS 29th Weekly Meet

"Evolution of the ART Specialist" by Dr Sonia Malik
Objectives of the first planned paper by - Dr Sangeeta
Pahwa, Dr Jyothika Desai & Dr Manjit Mohi



November 9th, 2022



IMS 30th Weekly Meet

Consolidating & auditing the work of IMLR
November 16th, 2022



IMS 31st Weekly Meet

Presentation on:
New WHO Labour care guide by Dr. Meeta
Labour room protocols by Dr. Seema
December 7th, 2022



IMS 32nd Weekly Meet

Year-End Review of IMLR
IMLR Roadmap 2023
December 21st, 2022

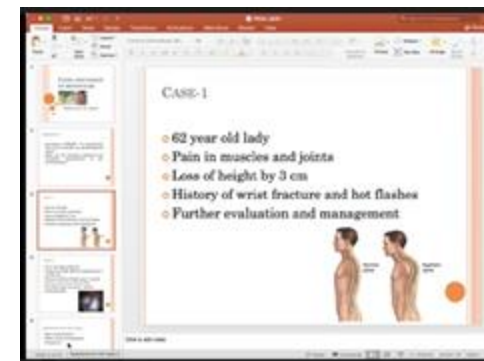


IMS 33rd Weekly Meet

Deliberation on IMS paper 1



January 11th, 2023



IMS 35th Weekly Meet

Case presentation on 'Role of Calcium, Vit D3 and Vit K2-7 in Osteoporosis & Cardiovascular health' by Dr. Jyoti Shah



January 25th, 2023

IMS 34th Weekly Meet



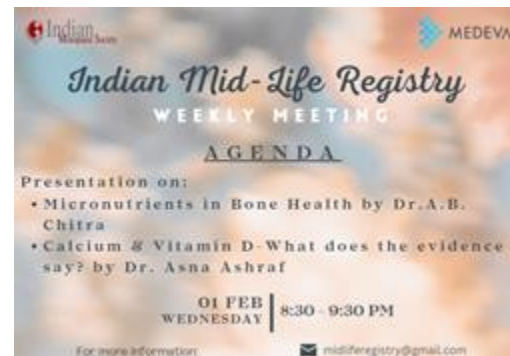
January 25th, 2023

IMSCON 2023 - Abstract Presentation

Fall prevention - Simple tips by Dr Asna Ashraf

Dos & Don'ts in Osteoporosis management by Dr Deepa Kapoor

Polypharmacy - Role in Osteoporosis management by Dr



IMS 36th Weekly Meet



February 1st, 2023

Presentation on 'Calcium & Vitamin D-What does the Evidence say?' by Dr. Asna Ashraf & Dr. A.B. Chitra

IMS 37th Weekly Meet

Reminder cards formats by Dr. Asna Ashraf
WHO methodology for WC & HP by Dr. AB Chitra



February 22nd, 2023



IMS 39th Weekly Meet

BMI & MeTS: Review of Literature by Dr. Amrita Sarkari



March 15th, 2023

IMS 38th Weekly Meet

Facial exercise - Dr Jyothi Shah Understanding Medeva better - Dr Garima An appraisal of Paper 1 - Dr Jyothika Desai BMI & MeTS : Review of Literature - Dr Amrita Sarkari

March 1st, 2023



IMS 40th Weekly Meet

DXA reports for Bone composition, Neck, Hip & Spine by Dr. Meeta & Dr. Jyoti Shah

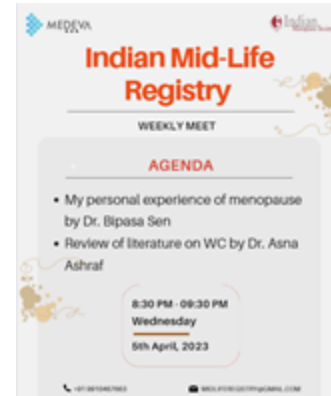
March 22nd, 2023 Literature Review - BMI & MeTS by Dr. Amrita Sarkari

IMS 41st Weekly Meet

Case presentation by Dr Jaishree Gajraj

Review of literature on Waist circumference by

Dr Asna Ashraf
March 29th, 2023



IMS 42nd Weekly Meet

My personal experience of menopause by Dr. Bipasa Sen

Review of literature on WC by Dr. Asna Ashraf



April 5th, 2023



IMS 43rd Weekly Meet

Pharmacology of Tranexamic acid by Dr Deepa Kapoor

April 12th, 2023



IMS 44th Weekly Meet

'Is there any association of progesterones with Cancer?' by

Dr. Asna Ashraf & Dr. Shipra Kunwar

April 19th, 2023



IMS 45th Weekly Meet

Update on IMS Registry

April 26th, 2023



IMS 47th Weekly Meet

Waist circumference & Weight-to-height ratio in predicting

NCDs by Dr. Jyothika Desai

Can we make MHT safe? by Dr. Meeta

May 10th, 2023



IMS 46th Weekly Meet

Reflection on the IMS Proforma

May 3rd, 2023



IMS 48th Weekly Meet

IMS Proforma - MEDEVA & HARD COPY

May 17th, 2023

IMS 49th Weekly Meet

Presentation on MHT & CVD by Dr. Meeta

May 24th, 2023



IMS 50th Weekly Meet

Case presentation by Dr. Asna Ashraf

Ikigai at Menopause by Dr. Meeta

May 31st, 2023



IMS 51st Weekly Meet

Case presentation & Ikigai at Menopause by Dr.

Kiran Aggarwal

June 7th, 2023



IMS 52nd Weekly Meet

Care of the caregivers by Dr. Jyothi Unni



July 5th, 2023

IMS 53rd Weekly Meet

Lifestyle Medicine: Multicultural Genesis by
Dr. Rama Vaidya



July 12th, 2023



IMS 54th Weekly Meet

Mind-Body Medicine in Midlife - The way forward by
Dr. Sunila Khandelwal

July 19th, 2023

IMS 55th Weekly Meet

Stem cells and Menopause by Dr. Amrita Sarkari

July 26th, 2023



IMS 56th Weekly Meet

Review & Update on IMS Registry

August 2nd, 2023



IMS 57th Weekly Meet

IMS Registry Paper Completion Report Interpretation

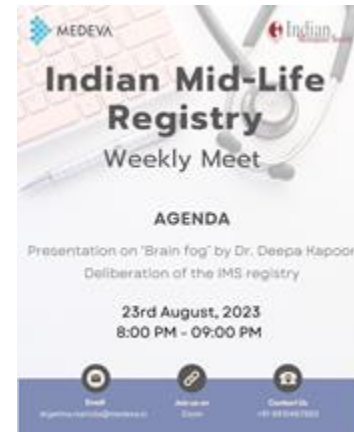
August 9th, 2023



IMS 58th Weekly Meet

Exploring Completion Reports for IMS Registry

August 16th, 2023



IMS 59th Weekly Meet

Presentation on Brain Fog by Dr. Deepa Kapoor

August 23rd, 2023



IMS 60th Weekly Meet

Discussion on Midlife & Obesity Paper

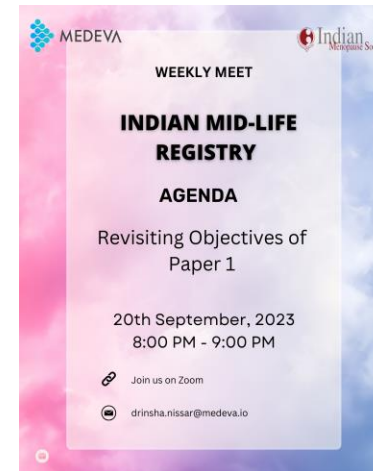
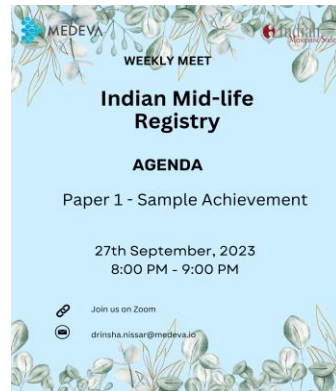
Sep 6th, 2023



IMS 62nd WeeklyMeet

Revisiting Objectives of Paper 1

Sep 20th, 2023



IMS 61st Weekly Meet

Informal Meet

Sep 13th, 2023



IMS 63rd Weekly Meet

Paper 1 - Sample Achievement

Sep 27th, 2023



IMS 64TH Weekly Meet

Meet & Greet, Paper 1 Discussion, Paper 2 plan

Nov 8th, 2023



IMS 65th Weekly Meet

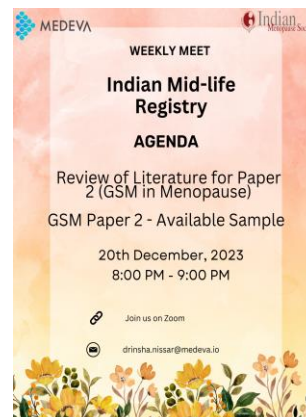
Discussion on Paper 2 Objectives-GSM

Nov 22th, 2023

IMS 66th Weekly Meet

Review of Literature for Paper 2 (GSM in Menopause)

Dec 6th, 2023



IMS 67th Weekly Meet

Review of Literature for Paper 2 (GSM in Menopause),
GSM paper 2 available sample

Dec 20th, 2023

IMS 68TH Weekly Meet

Presentation of Paper 2 Abstract (Prevalence of GSM)

Jan 31st, 2024



WEEKLY MEET

Indian Mid-life Registry

AGENDA

Presentation of Paper 2 Abstract (Prevalence of GSM)

31st January, 2024
8:00 PM - 9:00 PM



Join us on Zoom

drinsha.nissar@medeva.io

IMS 69th Weekly Meet

Discussion on Paper 2 Abstract (Prevalence of GSM)

Feb 7th, 2024



MEDEVA

WEEKLY MEET

Indian Mid-life Registry

AGENDA

Discussion on Paper 2 Abstract (Prevalence of GSM)

14th February, 2024
8:00 PM - 9:00 PM



Join us on Zoom



drinsha.nissar@medeva.io

IMS 70th Weekly Meet

Discussion on Paper 2 Abstract (Prevalence of GSM)

Feb 14th, 2024



MEDEVA

WEEKLY MEET

Indian Mid-life Registry

AGENDA

Achieved Sample

21st February, 2024
8:00 PM - 9:00 PM



Join us on Zoom



drinsha.nissar@medeva.io

IMS 71st Weekly Meet

Sample Achievement

Feb 21st, 2024

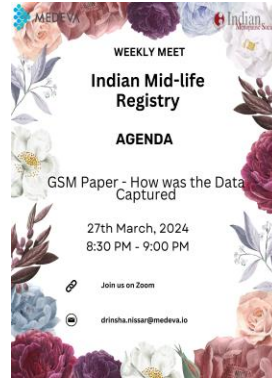


IMS 72 nd Weekly Meet

- 1.How much data do we have? - baseline and follow up
- 2.Limitations that come with missing data (Paper 2 as a reference point)
- 3.How can we ensure completeness of data



March 20th, 2024



IMS 73rd Weekly Meet

GSM Paper - How was the Data Captured

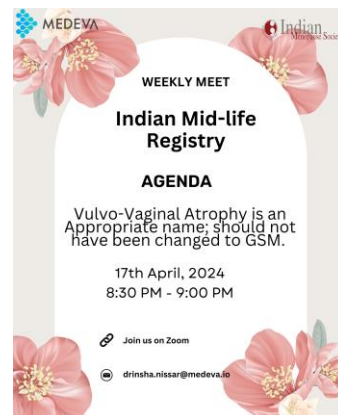
March 27th, 2024



IMS 74th Weekly Meet

Signs & Symptoms of GSM

April 3rd, 2024



IMS 75th Weekly Meet

Vulvo-Vaginal Atrophy is an Appropriate name; should not have been changed to GSM.

April 17th, 2024



IMS 76 th Weekly Meet

- Case Presentation by Dr.Meeta
 - Associated Factors of GSM
- April 24th, 2024



IMS 77th Weekly Meet

GSM Paper 2

May 29th, 2024



IMS 78th WeeklyMeet

GSM Paper 2 Final Discussion

June 5th, 2024



IMS 79th Weekly Meet

GSM Paper 2 Final Discussion

June 12th, 2024



IMS 80 th Weekly Meet

Paper 1 Discussion

June 19th, 2024



IMS 81st Weekly Meet

Journey so Far & Future Directions

June 26th, 2024



IMS 82nd WeeklyMeet

PROBLEM SOLVING- Discussion on issue like outliers & missing data

July 3rd, 2024



IMS 83rd Weekly Meet

Analysis of audit by Dr Asna Ashraf

July 10th, 2024



IMS 84 th Weekly Meet

Revisiting the Menopause Performa

July 17th, 2024



IMS 85th Weekly Meet

Menopause Performa & Celebration

July 24th, 2024



IMS 86th Weekly Meet

Discussion with Dr Jyothika & Dr Shipra regarding proposals

Aug 7th, 2024



IMS 87th Weekly Meet

Preliminary session on paper writing & presentation
by Dr Asna, Dr Jyothika, Dr Sangeeta

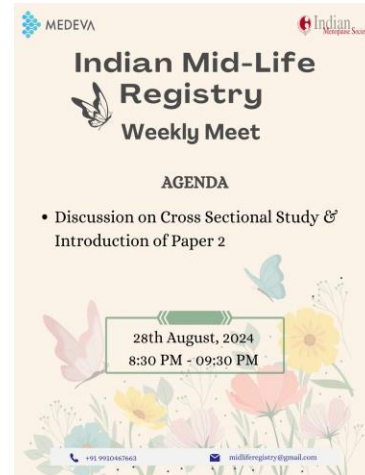
Aug 14th, 2024



IMS 88th Weekly Meet

Preliminary paper writing presentation by Dr Asna

August 21st, 2024



IMS 90th WeeklyMeet

Discussion on cross sectional study & introduction of paper 2
with inputs from Dr Jyoti Shah & Dr Kiran Aggarwal

September 4th 2024



IMS 89th Weekly Meet

Discussion on cross sectional study & introduction of
paper 2

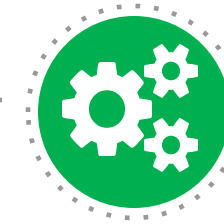
August 28th, 2024



IMS 91st Weekly Meet

Introduction of Paper 2 by Dr Sangeeta

Sep 11th, 2024



IMS 92nd Weekly Meet

GSM Paper 2 presentation by Dr Asna

September 26th, 2024

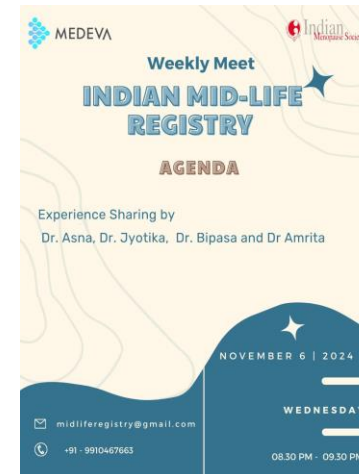


IMS 93rd Weekly Meet

GSM Paper 2 PPT Presentation by Dr Asna

GSM Paper 1 PPT Presentation by Dr Sangeeta

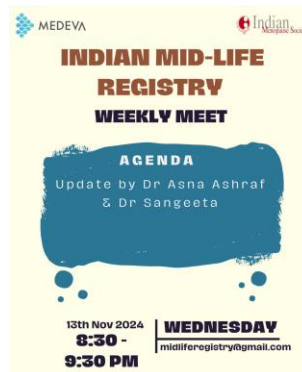
Oct 9th 2024



IMS 94th Weekly Meet

Experience sharing by Dr Asna , Dr Jyothika, Dr Bipasa, Dr Amrita

November 6th 2024



IMS 95th Weekly Meet

Update by Dr Asna Ashraf & Dr Sangeeta

Nov 13th, 2024

IMS 96th Weekly Meet

Paper update by Dr Jyothika & Dr Sangeeta

November 20th, 2024





**INDIAN
MID-LIFE
REGISTRY**

**WEEKLY
MEET**

AGENDA

- Paper Update by Dr Jyothika & Dr Sangeeta

 20th Nov, 2024

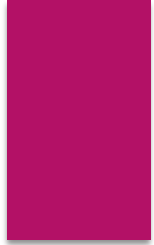
 8:30 PM - 09:30 PM

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 midliferegistry@gmail.com







Where are we today?

Registry Highlights – A Recap

- ▶ Indian Mid-Life Registry, a fully digital registry
- ▶ Scientific partner – MEDEVA, an AI/ML based EHR platform
- ▶ MEDEVA has been customised for the requirements of the registry. CRFs that have been created on MEDEVA are

ImS - menopause diagnosis

Form_medical_conditions

ImS - gynecology history

ImS - lifestyle & social habits

ImS - menopause symptoms

ImS - medical history (self & family)

Form_general_examination

ImS - general and systemic examination (female)

ImS - risk score

Registry Status as on 20th November, '24

Amount of
patient data
- 3497

No. of
participating
doctors - 43

Sample contribution by doctor

Sr No.	Doctor Name	No of patients	Sr No.	Doctor Name	No of patients	Sr No.	Doctor Name	No. Of patients
1	Dr.Meeta Singh	1914	17	Dr.Jyothi Unni	20	32	Dr. Anita Jayant Shah	1
2	Dr.A.B Chitra	423	18	Dr.N Hephzibah Kirubamani	17	33	Dr. Gowari Meena Selvaraj	1
3	Dr.Sangeeta Pahwa	310	19	Dr.Ami Yogesh Mehta	12	34	Dr. Jamuna Devi Gudidvvuni	1
4	Dr.Asna Ashraf	111	20	Dr.Kunwar Shipra	29	35	Dr. Kiran Chandna	1
5	Dr.Geeta Reddy	66	21	Dr.Seema Sharma	12	36	Dr. Manoj Chellani	1
6	Dr.Jyoti Shah	94	22	Dr.Ritu Jain	11	37	Dr. Navneet Takkar	1
7	Dr.Manjit Mohi	72	23	Dr.Jyothika A Desai	63	38	Dr Pushpa Sethi	1
8	Dr.Neelam Aggarwal	37	24	Dr.M Lakshmi Rathna	8	39	Dr, Ratnabali Chakravorty	1
9	Dr.Amrita Sarkari	37	25	Dr.Naini Tandon	6	40	Dr Reeta Agarwal	1
10	Dr.Jyoti Jaiswal	35	26	Dr.Choranur Ambuja	5	41	Dr. Rekha Rani	1
11	Dr.Sudha Sharma	32	27	Dr.Kiran Pandey	5	42	Dr. Revathy Janakiram	1
12	Dr.Sheela Mane	30	28	Dr.Madhubala manickavasagam	5	43	Dr. Vandana Narula	1
13	Dr.Bipasa Sen	29	29	Dr.Maninder Ahuja	3			
14	Dr.Pratibha Singh	27	30	Dr.Tripura Sundari	3			
15	Dr.Kiran Aggarwal	43	31	Dr.Kiran Chandna	1			
16	Dr.Jignesh R Shah	24	32	Dr.Shobhana Mohandas	1			

The plan...

Uniformity in management of
menopause-menopause clinic

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Academic exchange on medeva
platform

A light pink arrow pointing downwards from the second box to the third box.

Papers and publications



Thank you!!