

CALCIUM RICH RECIPE CONTEST

TOTAL ENTRIES:- 38

JUDGES-FOOD & NUTRITION DEPT.-M.S. UNIVERSITY -BARODA

- 1.Prof. Vanisha Nambiar
- 2.Ms. Nikita Wadekar -AP
- 3.Ms. Keshvi Pandya - AP
- 4.Ms. Kama Jam - AP

DR. PUSHPA SETHI
PRESIDENT -IMS

DR. ARTI GUPTA
GENERAL SECRETARY-IMS

DR. BINAL SHAH
NATIONAL CHAIRPERON

WINNERS OF RECIPE WITH DAIRY PRODUCTS

1ST PRIZE

DR. A GEETHALAKSHMI - CHENNAI MENOPAUSE SOCIETY
RECIPE -DAHI PANEER KABAB



2ND PRIZE

DR. TEJAL SHAH - SURAT MENOPAUSE SOCIETY
RECIPE -MENOPAUSE MUNCHIES



3RD PRIZE

DR. VARSHA PRAPANNA - VADODARA MENOPAUSE SOCIETY
RECIPE- RICE PHIRNI PUDDING



4TH PRIZE

DR. NILAM PATEL -SURAT MENOPAUSE SOCIETY
RECIPE -AMARANTH KHEER



5TH PRIZE

ANITA DUBEY - JABALPUR MENOPAUSE SOCIETY
RECIPE -CUCMBER DAHIWADA



RESULTS OF RECIPE WITHOUT DAIRY PRODUCTS

1ST PRIZE

DR. RANJAN PAREKH - VADODARA MENOPAUSE SOCIETY
RECIPE -CALCIUM RICH ENCHILADA



2ND PRIZE

DR. SARLA NIHLANI - RAIPUR MENOPAUSE SOCIETY
RECIPE -CALCIUM RICH PIZZA



3RD PRIZE

DR. SAKSHI VAISHAMPAYAN - JABALPUR MENOPAUSE SOCIETY
RECIPE -RAGI TOFU HONEY DELIGHT



4TH PRIZE
SHIVALI TANDON - NOIDA
RECIPE -SOYA KABAB



5TH PRIZE

DR. SUJATA EDIBAM - SURAT MENOPAUSE SOCIETY
RECIPE- CALCIUM SALAD BOWL



APPRECIATION RECIPE - NON VEG (EGG)

MISS MARY MAGDALENE SANTA S & DR. JAYSHREE
GOPAL -CHENNAI MENOPAUSE SOCIETY
RECIPE- DAHI RAGI PANIYARAM

