

invites you to celebrate



# International Yoga Day

with **DANCERCISE-12**

Dance Away your blues Every Sunday

DATE : SUNDAY, 26<sup>th</sup> June'2022

|

TIME : 7:30 AM- 8:30 AM



**DR SHOBHANA MOHANDAS**  
PRESIDENT, IMS



**DR. ANJU SONI**  
SEC GENERAL, IMS

**PROGRAMME COORDINATOR**



**DR RENU MEENA**  
YOGA EXPERT  
OBTETRICIAN & GYNAECOLOGIST  
S.M.S MEDICAL COLLEGE, JAIPUR

**DANCERCISE Recording Link**  
**Access Passcode : valest@ert1**

[https://apeejay-edu.zoom.us/rec/share/yC0tAD4TdxnQjRL1b71LbL9qRG6aKIM9V6kyBMvGh\\_yPB87BI7\\_tHUbSBwNPFRm.QTpG3YJT3GfvxKnX](https://apeejay-edu.zoom.us/rec/share/yC0tAD4TdxnQjRL1b71LbL9qRG6aKIM9V6kyBMvGh_yPB87BI7_tHUbSBwNPFRm.QTpG3YJT3GfvxKnX)



**#Together We Can**