

invites you to participate in

# DANCERCISE-24

Dance Away your blues Every Sunday

DATE : SUNDAY, 25<sup>th</sup> Sept'2022

|

TIME : 7:30 AM- 8:30 AM



**DR SHOBHANA MOHANDAS**  
PRESIDENT, IMS



**DR. ANJU SONI**  
SEC GENERAL, IMS

## PROGRAMME COORDINATOR



**DR RENU MEENA**  
YOGA EXPERT  
OBSTETRICIAN & GYNAECOLOGIST  
S.M.S MEDICAL COLLEGE, JAIPUR

**DANCERCISE Recording Link**  
**Access Passcode : valest@ert1**

[https://apeejay-  
edu.zoom.us/rec/share/Fcn\\_lYlj1X-  
FEymO7qthVtS5Zz6TOLRJtIsnXTd74Oe  
IBwz5G0ReFc2JTUgjFb9I.C0K2nL9Y0yD  
HGfWn](https://apeejay-edu.zoom.us/rec/share/Fcn_lYlj1X-FEymO7qthVtS5Zz6TOLRJtIsnXTd74OeIBwz5G0ReFc2JTUgjFb9I.C0K2nL9Y0yDHGfWn)



#Together We Can