



News from International Forums ...A report

Our visibility.....

It gives me an immense pleasure as Secretary General of Council of Affiliated Menopause Societies (CAMS) and Representative of India to APMF to submit the reports of this year's our active participations at different platforms –

EMAS at Madrid,

SAFOMS at Bangladesh,

MENOSAC at Sri Lanka

and

International Congress on Menopause in Taiwan Jointly organized by International Menopause Society & Taiwanese Menopause Society.

These were well attended & increased our visibility across the world. Personally I am enjoying networking with International Colleagues and feel honoured to work with the Dynamic Chairman Prof. Camil.



Dr. Sunila Khandelwal

PAST PRESIDENT IMS (2009-10)

Representative of IMS India to

Asia Pacific Menopause Federation (2014-16),

Secretary General CAMS (2014-2016)

International Menopause Society

Report on International Congress on Menopause in Taiwan, Taipai

International Congress was held during Dec. 4-6, 2015 in Evergreen International Conventional Centre. It was an outstanding experience to visit Taipai, and to be the part of the great academic feast, in terms of gaining and sharing relevant knowledge.

The comprehensive scientific program, covered a wide range of issues through sessions in line with the meeting's theme, "Changes in Management for Change of Life". I congratulate and truly appreciate the efforts of the Board of IMS and local organizing committee to make this superb, successful and well attended meeting.

Dr. Duru Shah delivered a lecture on "Insulin Resistance at Midlife" and Chaired the session on "MHT and Prevention of Chronic Diseases". Dr. Sunila chaired a session on "Sexual Dysfunction, Vulvovaginal Atrophy and Pelvic Floor Dysfunction". Prof. Camil Castelo Branco delivered lecture on "New Approaches to treat GUSM" and also Chaired session. The deliberation of the experts & interactive discussion during the scientific session not only updated us on different aspects of menopausal serious concerns, but also provided a forum for exchange our experiences specifically practicing in different parts of the world.

The IMS-APMF Symposium & APMF council meeting was also successfully conducted.



"REPORT OF INDIAN MENOPAUSE SOCIETY ON THEME BASED CAMPAIGN FOR WORLD MENOPAUSE MONTH CELEBRATIONS" compiled by executive secretary and was sent to International Menopause society secretariat by Dr Jyothi Unni. It was a matter of great satisfaction and proud that it received great words of applause from all over and was included in the news letter and put on websites of IMS International & CAMS network.

The Chapter Secretaries have applauded the efforts of International Menopause Society for providing academic kit, conveying a uniform message and for supporting the public awareness material. Exclusively during the World Menopause Month, across India – Press releases were issued TV Shows and Radio Talks were given by the GCM. Various Urban and Rural health Camps were conducted. In addition to CME's, Public awareness Programmes, Quizes, an innovative health walk and Cultural programmes of dance, exercise and music for Women were organised. They were extensively covered by the print and electronic media. Truly this year also the World Menopause Month celebrations were in the international perspective."

Once again as Secretary General CAMS, I conveyed my heartfelt gratitude to IMS international to initiate the drive, which is truly making a difference in improving Quality of life of Mid life woman globally!!!

Dr Duru Shah as a board member & chairman of Scientific subcommittee deserves applause for conducting webinars for global audience & also for initiating IMS Quiz this year at world congress!

I am also happy to share that **CAMS Network Project – I report will be presented at Prague World Congress by Prof. Camil, the Chairman CAMS.** A cross sectional study was proposed to the 50 National Menopause Societies (CAMS). The samples taken from cities with a population of more than 500,000 inhabitants. Sample size was established based on the fact that the condition studied, menopause, affects all women because it is a natural event occurring approximately between 40 and 59 years of age. For further details, Please visit CAMS NETWORK website: <https://sites.google.com/site/councilaffmenopsoc/>

Lastly, **Membership Renewals** are requested in order to continue the membership to the IMS. Only all those who have renewed their membership, will be allowed to vote or stand for any position during the next election. Hence all members of IMS have been requested to review their membership and also to please encourage new members to apply. Being member of IMS you can avail a reduced registration at the World Congress to be held in 2016 in Prague & also can have advantage of Subscription to Climacteric, Menopause Live, Our Menopause World, InFocus, The IMS website, Online access to Climacteric, IMS News Letter & Press Statements. For more information, please visit website - www.imsociety.org



With great contentment & deep sense gratitude to all members, I would continue to work as Secretary General CAMS, expecting the same cooperation & enthusiasm from all IMS family during my tenure as representative to Asia Pacific Menopause federation this year.

Looking forward for your active participation in the next World Congress going to be held between **28th September to 1st October 2016 in Prague**, for making our visibility strong at International level & keep IMS flag high!