

REPORT OF IMS SESSION IN BMS 25TH ANNUAL CONFERENCE
AND
25TH ANNIVERSARY CELEBRATIONS

OUR VISIBILITY IN THE INTERNATIONAL SCENARIO

Dr. H P Pattanaik , Current President Indian Menopause Society and Dr.Maninder Ahuja, Immediate past President were invited by British Menopause Society (BMS) during their Annual conference and 25th Anniversary Celebration of BMS in Swindon UK in Alexandra House , on 25th and 26th JUNE 2015

As reported by Dr.Maninder Ahuja, Swindon is a beautiful country side township with greenery all around and also a peaceful place with nothing much to do. It was a wonderful conference with delegates of about 200 and faculty and delegates were from all over England.

There was an INDIAN MENOPAUSE SOCIETY INVITED SESSION “THE INDIAN MENOPAUSE SOCIETY EDUCATION & EMPOWERMENT PROGRAMME”
Chair was Professor John Studd



Prof. John Studd felicitating Dr.HP Pattanaik and Dr. Maninder Ahuja

The Indian session was appreciated by all present and went off very well. Dr.HP Pattanaik, talked on Holistic approach to Mid life ,and his talk was very well appreciated. He talked about Yoga as a way of life and other life style modifications.

Dr.Maninder Ahuja's topic was "Challenges to Mid life women health and Way forward Nu life – Mid life clinics." Efforts of Indian Menopause Society were very well appreciated; She described all activities of Indian Menopause society, including village adoption, JMH, Poise, Newsletter, club35 plus and multidisciplinary meets. Role of Mid life OPD card was highlighted and well liked.

Academic contents of the conference were good;

One highlight was paper presentations by young Residents.

Mr Eddie Morris present chairman BMS handed over charge to Dr.Heather Currie.

Another high light was NICE GUIDELINES Menopause Diagnosis and Management , which are put up on BMS Web site for comments and were presented by Prof. Mary Ann Lumsden.



Dr.HaraPattanaik and Dr.Maninder Ahuja with with Eddie Morris and Prof. Mary Ann Lumsden

Team BMS had taken the Indian team to a country side for Supper on 24th June and on 25th there were evening celebrations of 25th anniversary of BMS We were given good hospitality .



Dr. Maninder Ahuja at Supper with Dr. Eddie Morris President BMS



Dr. Maninder Ahuja, Dr. Hara pattanaik and Dr. (Mrs) Pattanaik at the dinner meet.



With Patrick Shervington MBE Trustee, British Menopause Society
Trustee & Patient Arm Director, Women's Health Concern

These exchange sessions are a way of bonding , understanding and moving
forward for the care of Mid life Women

Dr. Maninder Ahuja
Immediate past President IMS 2014-2015