

## IMSCON 2019

24<sup>th</sup> National Conference of Indian Menopause Society “IMSCON 2019” was organized by Kolkata Menopause Society in association with The Bengal Obstetric & Gynaecological Society from 15<sup>th</sup> to 17<sup>th</sup> February, 2019 at ITC Sonar, Kolkata. It was powered by speakers from Cardiology Society of India, endocrine Association of Bengal and Geriatric Society of India.

### Registration

A large number of delegates from all over India and abroad attended the event.

### Inauguration

The Inauguration Ceremony was held on 15<sup>th</sup> February, 2019. The Chief Guest was Prof Manimala Das, Ex Vice-Chancellor of Netaji Subhas Open University and Dr Shantanu Sen, President IMA, MP Rajya Sabha was the Guest of Honor.

Welcome address was given by Dr Ratnabali Chakraborty, President IMS and Vote of thanks was given by Dr Nirmala Pipara, Secretary, Kolkata Menopause Society.

Dr Iswar Acharya from Ayush, Ministry of Health was the special guest & was felicitated for their wholehearted participation for training 40+ women in Yoga throughout India.

We also felicitated women > 40 years of age for their contribution in different field:

1. Ms Alakananda Roy, Renowned Dancer who changed the life of inmates of jails in West Bengal.
2. Ms Bula Chowdhury, Sportsperson – renowned Swimmer.
3. Sister Asmita from Prajapati Brahma Kumari – Conducting “Rekindle soul” sessions throughout the year with 40+ women.

### Academia

A large number of International Speakers participated:

- **Dr Susan Davis from Australia, President, International Menopause Society**
- **Prof Steven R Goldstein, USA, President Elect, International Menopause Society**
- **Prof Nicholas Panay, UK, Secretary General, International Menopause Society**
- **Dr M DP Gooneratne, Sri Lanka, Past President, SAFOMS**
- **Dr Shaila Khatoon, Bangladesh, past President SAFOMS**
- **Dr. Zinat Nasreen, President Bangladesh Menopause Society**
- **Dr. Mangala Disanayek, President Srilanka Menopause Society**

We had most prestigious CME of IMPART which was participated by more than 170 delegates. The International Speaker for this session was Prof. Susan Davis, Prof. Steven R. Goldstein, Prof. Nicholas Panay and our national speaker Dr Duru Shah. The session was chaired by Dr. Sunila Khandelwal, Dr. Maninder Ahuja and Dr. Pramathes Das Mahapatra.

The Pre-congress workshop on “COSMETOLOGY IN 40+ WOMEN WORKSHOP” was organized and it was attended by more than 100 delegates. Dr Sebanti Goswami spoke on “Radiofrequency” and “PRP”. The session was chaired by Dr. Tulika Jha, Dr. Urmila Kundlia and Dr. Debjani Bhadra.

Public Awareness Programme was moderated by Dr Basudeb Mukherjee & Dr Basab Mukherjee which was appreciated by all. It was attended by more than 100 delegates.

### CIMP Exam

There were 29 students who appeared the exam.

## **Quiz**

We had a quiz competition for our young PGTs. Topic – Menopause Revisited. There were 15 participants for the Quiz competition

## **Debate**

We arranged the debate session for young doctors consider of six different topics. 12 participants fought tooth & nail to establish their point of view.

## **Free Paper**

9 young PGTs presented their oral presentation.

## **E-poster**

We received 9 E-posters.

## **Dr. Behram Anklesaria - SAFOMS Session**

The speakers were Dr. M. D. Pem Gooneratne and Dr. Shaila Khatun. Chairpersons of the session were Dr. Maninder Ahuja and Dr. Jaideep Malhotra.

## **Symposia**

Seven symposia were organized on different important topics .

**5 Panel Discussions** were arranged which were well attended & appreciated.

## **Orations**

There were three orations:

DR. DURU SHAH ORATION – delivered by Dr. Jyothi Unni

DR. TARUN BANERJEE ORATION – delivered by Dr. Ambrish Mithal

DR. SHOBHA GHOSH ORATION- delivered by Dr. Duru Shah

## **Special Symposia -**

We also had country symposia by Bangladesh, Srilanka.

## **Maharashtra State Symposia**

The Maharashtra Menopause Society was appreciated and honoured by allotting a Symposium on “beyond Menopause” as maximum number of delegates registered from Maharashtra (except from West Bengal)

## **Moot Court**

Moot Court was organized by Nagpur Menopause Society.

## **Cultural Programme**

1. On 15<sup>th</sup> Feb Public Awareness program was organised and in the evening was organized in the evening river Cruise ride was arranged. More than 100 faculties were participated and enjoyed dance & music followed by faculty dinner.
2. On 16<sup>th</sup> February, 2019 after the whole day academic the evening was full of fun when NEWS organised by IMSCON 2019 was staged. The participants from four zones north, east, west and south come prepared with their own program like Dance, Choreography, music, songs caricature. The special feature was choreography with Tagore’s famous song “Ekla Chalo Re”. The programme ended

with a note of “Durga Puja”. National President Dr Ratnabali Chakraborty, Dr Basudeb Mukherjee, Dr Kalpana Sarkar, Dr Simi Agarwal took active participation in “Dhunuchi Naach”.

### **Valedictory**

On 17<sup>th</sup> February, 2019, valedictory session started with the procession of present executive members which was followed by handing over the IMS flag to the new executive committee.

Prizes were given to the winners of the Quiz, Debate, Oral Paper Presentation and E-poster.

### **Quiz Competition**

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|--------------------|--------------------------|
| 1. R. Divya        | 1 <sup>st</sup> Position |
| 2. Karishma Thakur | 2 <sup>nd</sup> Position |
| 3. Dinal Gandhi    | 3 <sup>rd</sup> Position |

### **Debate Competition**

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|------------------|--------------------------|
| 1. Sriparna Dey  | 1 <sup>st</sup> Position |
| 2. Rituparna Raj | 2 <sup>nd</sup> Position |
| 3. Akansha Misra | 3 <sup>rd</sup> Position |

### **Free Paper Competition**

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|-------------------------|--------------------------|
| 1. Raj Laxmi Mundhra    | 1 <sup>st</sup> Position |
| 2. Sangeeta Rani        | 2 <sup>nd</sup> Position |
| 3. Madhavi Latha Dasara | 3 <sup>rd</sup> Position |

### **E-poster Competition**

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|-----------------|--------------------------|
| 1. Dipanshu Sur | 1 <sup>st</sup> Position |
| 2. Ritika Bist  | 2 <sup>nd</sup> Position |
| 3. Tanvir       | 3 <sup>rd</sup> Position |

Mementoes were given to the sponsors of the different programmes.

Appreciation award were given to Executive Committee of Indian Menopause Society.

Appreciation award was also given to the event manager Rueda.

### **CIMP Exam**

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|-----------------|--------------------------|
| 1. Mamta Sarmah | 1 <sup>st</sup> Position |
| 2. Sunena Goyal | 2 <sup>nd</sup> Position |
| 3. Gunjan Bhole | 3 <sup>rd</sup> Position |

Certificate were handed over to those who passed CIMP exams oath taking ceremony completed the whole show.

Vote of thanks was given by the Organizing Secretary with national anthem was sung by everyone and that was an end to the year long endeavour of Kolkata Menopause Society to make the Annual Conference of IMS a grand success.