



Dr. Ambuja Chorapur
President,
IMS 2021 – 2022



Indian Menopause Society



IMS Events 2021 – 2022

APRIL & MAY



Dr. Sudhaa Sharma
Secretary General,
IMS 2021 – 2022

1. Menopause Connect

- [1] Dedicated Menopause Clinic at Govt. Medical Colleges/Private Hospitals/ Institutes where they will do the menopause OPD once in a week.
- [2] Know your mother – To understand Basic Concepts of Menopause
- [3] Adopt a village, reach down to 50 plus... Once a Month

National Conference IMSCON 2021



Varanasi – 27th, 28th & 29th August 2021

Dr. Anuradha Khanna
Organizing Chairperson

Dr. Neelam Ohri
Organizing Secretary

Zonal Conferences Theme: Detect to Protect	South Zone	31 st July 2021 & 1 st August 2021 Madurai	Contact: Dr. Revathy Janakiran M. 94430 40355
	East Zone	25 th & 26 th June 2021 Patna	Contact: Dr. Usha Didwania M. 94310 17073
	North Zone	25 th & 26 th September 2021 Raipur	Contact: Dr. Manoj Chellani M. 98266 11688
	West Zone	October 2021 Vadodara	Contact: Dr. Binal Shah M. 98251 11824
CME 1	<p><u>Topic: World Health Day 2021</u></p> <p>Time: Apr 7, 2021 03:00 PM India</p> <p>Join Zoom Meeting</p> <p>Meeting ID: 957 7053 2019</p> <p>Passcode: health</p> <p>https://omshanti.zoom.us/j/95770532019?pwd=RWZubnZRNG9BUHpiT1JTTnJvcnZXUT09</p>		

On the occasion of World Health Day

An Insightful Webinar on

Feeling Positive No Matter What & Introduction to VIHASA

Dr. Dr. Manoj Mariani
Podiatric Nephrologist, Pune

Dr. C Ambuja
President, IBS

Dr. Dr. Umama
Executive Member,
Medical Wing, Brahma Kumaris

Dr. Sudhoo Sharma
Secretary General IBS

Dr. BK Shubhda Neel
Sr Gynaecologist, New Panvel

Wednesday, 7th April, 3.00pm - 5.00 pm

Zoom ID:
957 7053 2019
Passcode:
health

Organisers:
Brahma Kumaris, Malakpet, Hyd.
Ph : 93965 23404
&
Indian Menopause Society (IMS)

CME 2

We cordially invite you for COR CONNECT - Live WEBINAR : An Exclusive Initiative of Indian Menopause Society (IMS) in association with Menopause Society Region Chandigarh (CRMS) supported by CORONA REMEDIES PVT LTD

○ Date & Time : 9th April, 2021 (Friday); 4.00 - 5.30 PM

○ **Topic 1 : Reflux Disease and Acidity**

○ Speakers :
Medical Aspects by Prof Surinder Rana & Nutritional Aspects by Ms Monica Malik

○ **Topic 2 : Constipation**

○ Speakers :
Medical Aspects by Prof Surinder Rana & Nutritional Aspects by Ms Monica Malik

○ Guest of Honour: Dr Ambuja C & Dr Sudhaa Sharma

○ Office Bearers CRMS : Dr Lavleen Kaur Sodhi & Dr Seema Sharma

○ Chairpersons: Dr Nirja Chawla Dr Arti Gupta & Dr Archana Sah

○ Convenors Club 35+ IMS : Dr Ritambhra Bhalla & Dr Nupur Sharma

Please Click Link Given Below To Register for COR CONNECT - LIVE NATIONAL WEBINAR by Indian Menopause Society (IMS)

<https://www.corconnect.org/3>

Indian Menopause Society (IMS)
In association with
Menopause Society Region Chandigarh (CRMS)
Cordially invite you to
COR CONNECT - Live WEBINAR

FRI | APR 09 | 2021 **4:00 - 5:30 PM**

TO JOIN
www.corconnect.org/3

Existing User
Login with E-mail & Password

New User
Register with E-mail & other details

HELP LINE : +91-9481507191

Guests of honour

- Prof Ambuja C (President IMS)
- Dr Sudhaa Sharma (Secretary General IMS)
- Dr Lavleen Kaur Sodhi (President CRMS)
- Dr Seema Sharma (Secretary CRMS)

Program Schedule

- 4.00 - 4.10 pm: Welcome address by Dr Ritambhra Bhalla
- 4.10 - 4.15 pm: Inauguration by Dr Arti Gupta
- 4.15 - 4.45 pm: Reflux Disease and Acidity. Medical Aspects by Prof Surinder Rana, Nutritional Aspects by Ms Monica Malik
- 4.45 - 5.15 pm: Constipation. Medical Aspects by Prof Surinder Rana, Nutritional Aspects by Ms Monica Malik
- 5.15 - 5.30 pm: Q & A live interaction with audience
- 5.30 pm: Vote of thanks by Dr Nupur Sharma

Chairpersons

- Dr Nirja Chawla (Former Chairperson)
- Dr Arti Gupta (Chairperson Club 35+ IMS)
- Dr Archana Sah (Joint Secretary Club 35+ IMS)

Speakers

- Prof Surinder Rana (Dept of Gastroenterology, PGIMER, Chandigarh)
- Ms Monica Malik (Former Associate Professor, College of Home Science and Nutrition Coach, Chandigarh)

Convenors Club 35+ India

- Dr Ritambhra Bhalla
- Dr Nupur Sharma

Participation Benefits: Learning from experts, Open for all, Practice changing updates, Clarify your queries from experts.

From the makers of:
COR-3 | Trazer forte | Trazer Mforte | Stimu-let 25

<p>CME 3</p>	<p>Indore Menopause Society invites you for live webinar on Tuesday 13th April 4-6 pm</p> <p>Dr Laxmi Shrikhande - Step by step guide to MHT</p> <p>Dr Pushpa Sethi- Strong bones for strong midlife</p> <p>Panel discussion on Pelvic pain & menopause</p> <p>Moderator Dr Shobhana Mohandas</p> <p>Panelists Dr Varsha Lahade, DrJyoti Malik, Dr Charulata Bapaye, Dr Surekha Tayade, Dr B Aruna Suman</p> <p>https://torrentpharma.zoom.us/j/94299088038?pwd=Q3hVV0dXVFZEc3FQYmFpd3FOcGd3UT09</p> 
<p>CME 4</p>	
<p>CME 5</p>	<p>1st May 2021 Calicut Menopause Society Dr. P. N. Ajitha</p>

CME by Aesthetic Committee of IMS Dr. Ragini Agarwal Chairperson	Date	Topic	Speaker
	23 rd April 2021, Friday		
	21 st May 2021, Friday		
	18 th June 2021, Friday		
CME by Education Committee of IMS Dr. Lakshmi Shrikhande Chairperson	Date	Topic	Speaker
	24 th April 2021, Saturday		
	15 th May 2021, Saturday		
Club 35+ <i>Public awareness Programs</i>			
TOT Programs Revised Guideline 2020	Every Sunday 3:00 PM to 5:00 PM, For 16 weeks.		

<p>Days to be Celebrated</p> <p>Life style Modification Campaign</p> <p>Walkathons</p> <p>Social media coverage</p>	<p>March 10th- Mental health Day</p> <p>8th – World Women's Day Walkathon</p>	<p>April 7th - WHO day</p> <p>10th- Mental health Day</p>	<p>May 10th- Mental health Day</p> <p>28th - International Women's Health Day, Thyroid awareness day May 31st - World no Tobacco day</p>	<p>21st June - YOGA DAY</p> <p>10th- Mental health Day</p>	<p>July 1st- Doctor's day</p> <p>10th- Mental health Day</p>	<p>September 19th IMS Formation Day</p> <p>1st to 7th- Nutrition Week September 21st - World Alzheimer's day September 29th - World Heart Day</p> <p>10th- Mental health Day</p>	<p>October World Menopause Month October 1st - International day of elderly October 10th s- International Mental Health Day October 18th- World Menopause Day</p> <p>October 20th- World Osteoporosis Day Walkathon October 25th- World Obesity Day October 29th- World Stroke Day 10th- Mental health Day</p>	<p>November 14th - World diabetes day 10th- Mental health Day</p>	<p>December 1st- World AIDS Day 10th- Mental health Day</p>	<p>January Cervical Cancer Awareness Month And Thyroid awareness Month(A ACE)</p> <p>10th- Mental health Day</p>	<p>February 4th – World cancer day 10th- Mental health Day</p>
Office Bearers 2021-2022											
			<i>Dr. Ambuja Chorapur</i> <i>President</i>	<i>Dr. Pushpa Shethi</i> <i>Vice President</i>	<i>Dr. Shudha Sharma</i> <i>Secretary General</i>						
			<i>Dr. Jyoti Shah</i> <i>Treasurer</i>	<i>Dr. Bipasa Sen</i> <i>Jt. Treasurer</i>	<i>Dr. Lakshmi Rathna</i> <i>Jt. Secretary</i>						

Note: LIST would be updated from time to time